Day 1 Majesty and Marvels: Welcome to Beijing
Inside Beijing: China’s Many-Splendored Capital
Arrival in Beijing and Check-in at Hotel
Program Welcome and Dinner

Day 2 Artistic and Ancient Treasures
Cross-Cultural Communication Briefing by a Member of China’s Professional Community
East Versus West Communication Styles
The Role of Ancient Chinese Philosophy in Modern China
Career Success: An Overview of Chinese Professional Etiquette
Out of the Pages of History: Monuments and Treasures of the Imperial Era
Tian’anmen Square: Monument to Mao
Forbidden City: Seat of Imperial Power
A Taste of Beijing: Traditional Peking Duck Dinner

Day 3 Understanding China’s Medical Environment
Comprehensive Look at China’s Health Care
Players, Practices and Patients: Perspectives on the Evolving Landscape of China’s Medical Environment
Trends and Issues
International Medical Presence in China
Authentic Local Dinner in a Traditional Beijing Noodle House

Day 4 Nurses in China & Visit to the Great Wall
Perspectives on Nursing in China
Role of Chinese Nurses
Challenges of a Nursing Shortage
Future of Nursing in China
Excursion to the Great Wall: Ancient World Wonder
Pass Through Badaling Gate and Hike Along the Great Wall

Day 5 Traditional Healing Arts: A Look at Traditional Chinese Medicine
On-Site at a Traditional Chinese Medicine (TCM) Hospital
Traditional Chinese Medicine: Herbal Remedies
Principles of Reflexology and Acupuncture
Nursing and Traditional Chinese Medicine in Practice
Networking and Cultural Exchange with Beijing Citizens: English Corner at the People’s University

Day 6 Welcome to Xi’an, China’s Ancient Capital
Early Morning Flight to Xi’an
Guardians of the Imperial Tomb
The Amazing 8,000-Man Terra Cotta Army
Museum of Antiquity: Arts and Artifacts of the Qin Dynasty
Evening of Independent Exploration
Trace the Roots of the Silk Road in the Muslim Quarter
Bicycle or Walk Along the Ancient City Wall

This Sample Schedule is provided as an example of the overall quality and scope of the experience offered.
Specific schedules, locations and details may be modified.
Day 7  Ensuring Success: China’s Medical Education System
Scope of Chinese Health Care Facilities
   Ward Tour at a Local Hospital
   Outpatient Department Visit
   Tour of Health Care Facility
   Networking with Nurses and Medical Professionals
Ancient Cures: Traditional Chinese Medicine Herb Market Excursion

Day 8  China’s Rural Communities and Nursing at the Local Level
Patterns of Life in a Rural Chinese Community: Urban Versus Rural Contrasts
   Children’s Home Visit: Interact with Students
   Clinic Visit: Family Practice in a Changing Healthcare System
Lunch and Home Visit with Local Residents
Air Transfer to Shanghai

Day 9  Nursing Education in China
University Visit: Immersion and Social Interaction with Chinese Nursing Students
   Evolution of China’s Nursing Education Curricula
   Visit to University’s Simulation Labs and Clinics
   Career Preparation in China
Shanghai’s Iconic Cultural and Historic Sites
   Yu Garden and the Old Town
   Early European Settlements and the French Concession
Intersection of Time: ERA Acrobatics Show at Shanghai Circus City
   A Combination of Traditional Chinese Acrobatic Arts and Modern Technology

Day 10  A Day for Celebration and Reflection
Modern China in a City Rich with Tradition: Spend Afternoon Exploring Shanghai on Your Own
   Cruise Along the Huangpu River
   Jade Buddha Temple
   The Bund and Nanjing Road
   Sky Scrapers and Modern Marvels
Enjoy a Farewell Dinner Banquet with Your New Friends

Day 11  Depart China or Fly to Hong Kong for Optional Cultural Extension
Cultural Extension: Hong Kong

Day 11  Hong Kong: Asia’s World City
Air Transfer to Hong Kong
City Orientation and Overview
Check-in at Hotel
Welcome Dinner of Traditional Cantonese Cuisine

Day 12  The Pearl of the Orient
Morning Exploration of the Hong Kong Islands
   Funicular Railway to the Top of Victoria Peak
   Sampan Cruise Through Aberdeen Fishing Village
Cantonese Delight: Dim Sum Lunch Aboard the Famous Jumbo Floating Restaurant
Afternoon of Fun and Sun: Repulse Bay Beach
Open-top Bus Excursion and Laser Light Show at the Hong Kong Harbour

Day 13  Exploring the Former Colony: Independent Exploration
Create Your Own Adventure!
   Kowloon Peninsula with Neon Sign-Filled Nathan Road
   Vibrant Bazaars: Flower, Bird and Jade Markets
   Star Ferry with Skyline Views
   Ngong Ping 360: Aerial Tramway to the Giant Buddha
   Hong Kong Harbour Bauhinia Farewell Dinner Cruise

Day 14  Homeward Bound: Depart Hong Kong International Airport