

*International Scholar Laureate Program*  
*Delegation on Nursing & Health Care*  
*Republic of South Africa*  
*Sample Schedule*

**Day 1 Arrive in Johannesburg**

Welcome to the International Scholar Laureate Program  
Check-in and Orientation  
Welcome Dinner  
Evening at Leisure

**Day 2 Nursing in South Africa: A Comprehensive Look at South Africa's Health Care System**

Team Breakout Session: Identifying Goals and Networking with ISLP Scholars and Faculty  
Keynote Speaker: Overview of South Africa's Health System  
Structure of the System and Services Provided  
Factors Influencing the South African Population's Medical Needs  
Discrepancy in Care: Public and Private Hospitals  
Apartheid Museum: History Revealed — On Site Exploration  
A Tribute to Nelson Mandela  
Impact and Experience of Race Classification  
The Continued Struggle for Equality  
Independent Evening Exploration

**Day 3 The Future of Nursing: Training and Preparation**

Inside a Nursing Education in South Africa  
The Making of a Nurse: Nursing Curriculum in Universities  
Role of South Africa's Nurses  
Challenges of Nursing in South Africa  
Nursing Perspectives on Pandemics: Providing Patient Care  
Equipping Nurses to Deal with HIV and TB  
Playing a Significant Role in South Africa's HIV/AIDS Strategy  
Networking and Lunch with Nursing Students

**Day 4 Contrast in Care**

Team Breakout Session: Introduction to the ISLP Case Study Competition  
A Day Visiting Public and Private Hospitals  
Hospitals in Action: On Site with Nursing Staff  
A Training Ground for Nurses  
An Intimate Look at Public versus Private Care  
Evening on Own

**Day 5 From Bustling Johannesburg to Beachside Durban**

Transportation Provided from Johannesburg to Durban  
Afternoon on Own and Optional Excursions:  
Exploring the Beautiful Beaches of Durban  
Ushaka Marine World: Africa's Number One Theme Park  
Evening Hotel Check-in

- Day 6 Experiencing South Africa's People and Culture**  
 Team Breakout Session: Revisiting your Goals and Navigating your Personal Career Path  
 Kwabhekitunga: Village of the Zulu Kingdom of Old  
     Customs and Mores of a Traditional Zulu Village  
     Dialogues with Members of the Zulu Community  
     Traditional Healers and Sangomas: Roles and Rituals  
 Evening on Own
- Day 7 Health Care Perspectives: NGO Visits and a Look at Traditional Healing**  
 Team Breakout Session: ISLP Case Study Guided Working Session  
 Understanding the Tradition of Healing  
     Guided Exploration of the Muti Market  
     A Sangoma's Role in the Village  
     Herbal and Other Remedies  
 Examining Social Services and Health Education Initiatives  
 Site Visits to Non-Governmental Organizations' Projects  
 The Vital Role of Grassroots Organizations  
 Taking Action at the Local and International Level
- Day 8 Delivering Health Care in Rural South Africa**  
 Team Breakout Session: ISLP Case Study Presentations and Competition  
 Caring for Underserved Communities: Visit to a Rural Health Center  
     History of Center and Services Provided  
     Spotlight on Comprehensive Primary Care  
     Observing Clinic Staff at Work  
 Enjoy a Farewell Dinner with Fellow Scholar Laureates, Faculty, and Colleagues
- Day 9 Depart Durban or Continue to Kruger National Park**

### *Cultural Extension: South Africa*

- Day 9 Journey into the African Bush**  
 Early Morning Departure for Durban Airport or Depart for World Renowned Kruger National Park  
 Lunch En Route  
 Arrive and Check in at Hotel  
 Dinner Under the African Stars
- Day 10 Pride of Africa Game Drive**  
 Kruger National Park: Game Drive  
 Spotting the Big Five: Lions, Buffalo, Elephants, Leopards, and Rhinos  
 Dinner Around the Boma  
 Evening at Leisure
- Day 11 A Walk on the Wild Side**  
 Morning at Leisure  
 Kruger National Park  
 Tales From the Bush: Insight from Kruger Game Rangers  
 Afternoon Game Drive: Into the Sunset
- Day 12 Homeward Bound**  
 Travel to Johannesburg O. R. Tambo International Airport